

Obesity Problems And Solutions

Obesity Problems And Solutions - Nor is obesity the problem. Obesity is the consequence, the marker for the problem, much in the way that smoke is the marker for a house fire. Often enough, obesity is even the solution—to problems that are buried in time and further protected by shame, by secrecy, and by social taboos against exploring certain areas of human experience. We would like to show you a description here but the site won't allow us. Causes Of Obesity And The Solutions Available Obesity is a medical condition in which a person had accumulated too much of fat in the body to an extent where it may lead to a reduced life expectancy and several health problems. This paper, based on secondary research, discusses the causes and effects of the obesity problem and its solutions. Based on the findings of the research, the paper draws the conclusion that although obesity is the complicated issue, there is strongly belief that it can be reduced in the future.